

Professional Master - M1
Nutrition, Dietetics and Food service
2026-2027

| Semester 1 | Course | | | | | | |
|-------------------|---------------|--|----------------|------------|-----------|------------|--------------|
| | Code | Title | Credits | C | TS | LS | Hours |
| | NUTR 400 | Quality control, safety and hygiene in food systems | 4 | 24 | | 15 | 39 |
| | NUTR 401 | Culinary techniques | 3 | 16 | | 15 | 31 |
| | NUTR 402 | Nutrition through life cycle | 4 | 24 | | 15 | 39 |
| | NUTR 403 | Introduction to human nutrition and dietetics | 4 | 24 | | 15 | 39 |
| | NUTR 404 | Nutrition physiology and advanced biochemistry | 5 | 32 | | 15 | 47 |
| | NUTR 412 | Research methodology and communication | 2 | | 24 | | 24 |
| | NUTR 413 | Phytotherapy, nutraceutic and myths in food sciences | 5 | 32 | | 15 | 47 |
| | BIOC 403 | Applied immunology | 3 | 16 | | 14 | 30 |
| | Total | | 30 | 168 | 24 | 104 | 296 |

| Semester 2 | Course | | | | | | |
|-------------------|---------------|---|----------------|------------|-----------|------------|--------------|
| | Code | Title | Credits | C | TS | LS | Hours |
| | NUTR 405 | Food microbiology | 4 | 24 | | 15 | 39 |
| | NUTR 406 | Advanced food science | 3 | 16 | | 15 | 31 |
| | NUTR 407 | Community nutrition | 4 | 24 | | 15 | 39 |
| | NUTR 408 | Nutrigenetics and inborn errors of the metabolism | 5 | 32 | | 15 | 47 |
| | NUTR 409 | Dietary clinic visit and nutritional assessment | 3 | 16 | | 15 | 31 |
| | NUTR 410 | Formulation | 3 | 16 | | 15 | 31 |
| | NUTR 411 | Toxicology, pharmacology and food-drug interactions | 5 | 24 | | 30 | 54 |
| | BIOC 425 | Biostatistics | 3 | 16 | | 20 | 36 |
| | Total | | 30 | 168 | | 140 | 308 |

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| Semester 3 | Course | | | | | |
|------------|--------------|---|-----------|------------|------------|------------|
| | Code | Title | Credits | C | TS | Hours |
| | NUTR 500 | Psychology and nutrition | 2 | 16 | | 16 |
| | NUTR 501 | Medical nutrition therapy | 6 | 16 | 40 | 56 |
| | NUTR 502 | Nutritional strategies in sport and application | 2 | 8 | 10 | 18 |
| | NUTR 503 | Epidemiology and sensory aspects of food | 3 | 8 | 20 | 28 |
| | NUTR 504 | Food technology | 3 | 16 | 10 | 26 |
| | NUTR 505 | Food service management : 1. cost control and feasibility, 2. marketing, 3.health care management | 6 | 16 | 40 | 56 |
| | NUTR 506 | Law, regulation and ethics in nutrition | 4 | 16 | 20 | 36 |
| | NUTR 507 | Seminars | 2 | 8 | 10 | 18 |
| | Engl 571 | Scientific English | 2 | | 24 | 24 |
| | TOTAL | | 30 | 104 | 174 | 278 |

| Semester 4 | Course | | | | | |
|------------|--------------|---------------|-----------|---|----|-------|
| | Code | Title | Credits | C | TS | Hours |
| | NUTR 580 | Master Thesis | 30 | | | |
| | Total | | 30 | | | |

